

2015 National Youth Risk Behavior Survey

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to improve health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

Directions

- Use a #2 pencil only.
- Make dark marks.
- If you change your answer, erase your old answer completely.

1. How old are you?
 - A. 12 years old or younger
 - B. 13 years old
 - C. 14 years old
 - D. 15 years old
 - E. 16 years old
 - F. 17 years old
 - G. 18 years old or older

2. What is your sex?
 - A. Female
 - B. Male

3. In what grade are you?
 - A. 9th grade
 - B. 10th grade
 - C. 11th grade
 - D. 12th grade

4. What is your race? (**Select one or more responses.**)
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. Hispanic or Latino
 - F. White

The next 7 questions ask about automobile safety.

5. How often do you wear a seat belt when driving in a car?
 - A. I don't drive a car.
 - B. Never
 - C. Rarely
 - D. Sometimes
 - E. Most of the time
 - F. Always

6. How often do you wear a seat belt when **riding** in a car driven by someone else?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

7. How often does your parent/guardian(s) wear a seat belt when **driving or riding in a car**?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

8. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

9. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been drinking alcohol**?
 - A. I did not drive a car or other vehicle during the past 30 days
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times

10. During the past 30 days, how many days did you text, e-mail or use any other form of social media while **driving** a car or other vehicle?
 - A. I did not drive a car or other vehicle during the past 30 days
 - B. 0 days
 - C. 1 or 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 to 29 days
 - H. All 30 days

11. **Do your parents** text, e-mail or use any other form of social media while **driving** a car or other vehicle?
 - A. Yes
 - B. No

The next 11 questions ask about violence-related behaviors.

12. During the past 30 days, on how many days did you carry **a weapon** such as a gun, knife, or club?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days

13. During the past 30 days, on how many days did you carry **a gun**?
 - A. 0 days

- B. 1 day
- C. 2 or 3 days
- D. 4 or 5 days
- E. 6 or more days

14. During the past 30 days, on how many days did you carry a **weapon** such as a gun, knife, or club **on school property**?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
15. During the past 30 days, on how many days did you **not go to school** because you felt you would be **unsafe** at school or on your way to or from school?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
16. During the past 12 months, how many times has someone **threatened or injured you** with a weapon such as a gun, knife, or club **on school property**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
17. During the past 12 months, how many times were you in a physical fight?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

19. During the past 12 months, how many times were you in a physical fight **on school property**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
20. Have you ever been **physically forced** to have sexual intercourse (oral, anal, vaginal) when you did not want to?
- A. Yes
 - B. No
21. During the past 12 months, how many times did someone you were dating or going out with **physically hurt you on purpose**? (Count such things as being hit, slammed into something, or injured with an object or weapon.)
- A. I did not date or go out with anyone during the past 12 months
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times
22. During the past 12 months, how many times did someone you were dating or going out with **force you to do sexual things** that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)
- A. I did not date or go out with anyone during the past 12 months
 - B. 0 times
 - C. 1 time
 - D. 2 or 3 times
 - E. 4 or 5 times
 - F. 6 or more times

The next 2 questions ask about feeling safe at school.

23. During the past 12 months have you ever been treated **on school property** in a way that made you feel unsafe or that you did not want to come to school?
- A. Yes
 - B. No
24. Has anyone ever made you feel unsafe **through social media** causing you to not want to come to school? (e-mail, chat rooms, instant messaging, websites, or texting.)
- A. Yes
 - B. No

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, which is taking some action to end their own life.

25. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?
- A. Yes
 - B. No
26. During the past 12 months, did you ever **seriously** consider attempting suicide?
- A. Yes
 - B. No
27. During the past 12 months, did you **make a plan** about how you would attempt suicide?
- A. Yes
 - B. No
28. During the past 12 months, how many times did you **actually attempt** suicide?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
29. **If you attempted suicide** during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
- A. **I did not attempt suicide** during the past 12 months
 - B. Yes
 - C. No

The next 3 questions ask about tobacco/nicotine product use. Tobacco/nicotine product, including cigarettes, chewing tobacco, snuff, or dip (such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen); or cigars, cigarillos, or little cigars.

30. How old were you when you smoked a whole cigarette or other tobacco/nicotine product **for the first time**?
- A. I have never smoked a whole cigarette
 - B. 8 years old or younger
 - C. 9 years old
 - D. 10 years old
 - E. 11 years old
 - F. 12 years old
 - G. 13 years old or older
31. During the past 30 days, on how many days did you smoke cigarettes, or other tobacco/nicotine product?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
32. During the past 30 days, how did you usually get your own cigarettes, or other tobacco/nicotine product?

(Select all that apply)

- A. I did not smoke cigarettes during the past 30 days
- B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- C. I got them on the Internet
- D. I bought them at a public event such as a concert or sporting event
- E. I gave someone else money to buy them for me
- F. A person 18 years old or older gave them to me
- G. I took them from a store
- H. I took them from a family member
- I. I took them from someone else's home
- J. I got them some other way

The next 3 questions ask about electronic vapor products, such as blu, NJOY, or Starbuzz. Electronic vapor products include e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.

33. Have you ever used an electronic vapor product/electronic cigarette?
- A. Yes
 - B. No
34. During the past 30 days, on how many days did you use an electronic vapor product/electronic cigarette?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
35. During the past 30 days, on how many days did you smoke or use an electronic nicotine delivery product, **excluding** electronic cigarettes?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

36. During your life, on how many days have you had at least one drink of alcohol?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 9 days
 - D. 10 to 19 days
 - E. 20 to 39 days
 - F. 40 to 99 days
 - G. 100 or more days

37. How old were you when you had your first drink of alcohol other than a few sips?
- A. I have never had a drink of alcohol other than a few sips
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
38. During the past 30 days, on how many days did you have at least one drink of alcohol?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
39. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a 4 hour period?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 or more days
40. During the past 30 days, what is the largest number of alcoholic drinks you had in a 4 hour period?
- A. I did not drink alcohol during the past 30 days
 - B. 1 or 2 drinks
 - C. 3 drinks
 - D. 4 drinks
 - E. 5 drinks
 - F. 6 or 7 drinks
 - G. 8 or 9 drinks
 - H. 10 or more drinks
41. During the past 30 days, how did you usually get the alcohol you drank?
- A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
 - C. I was served at a restaurant, bar, or club
 - D. I bought it at a public event such as a concert or sporting event
 - E. I gave someone else money to buy it for me
 - F. A person 18 years old or over gave it to me
 - G. I took it from a store
 - H. I took it from my home
 - I. I took it from someone else's home
 - J. I got it some other way

42. Do you have a fake ID?
- A. Yes
 - B. No

The next 4 questions ask about marijuana use. Marijuana also is called grass or pot.

43. During your life, how many times have you used marijuana?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 to 99 times
 - G. 100 or more times
44. How old were you when you tried marijuana for the first time?
- A. I have never tried marijuana
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
45. During the past 30 days, how many times did you use marijuana?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
46. During the past 30 days, how did you usually use marijuana?
- A. I did not use marijuana during the past 30 days
 - B. I smoked it in a joint, bong, pipe, or blunt
 - C. I ate it in food such as brownies, cakes, cookies, or candy
 - D. I drank it in tea, cola, alcohol, or other drinks
 - E. I vaporized it
 - F. I used it some other way

The next 13 questions ask about other drugs.

47. During your life, how many times have you used **any form of cocaine**, including powder, crack, or freebase?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

48. During your life, how many times have you **sniffed** glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
49. During your life, how many times have you used **heroin** (also called smack, junk, or China White)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
50. During your life, how many times have you used **methamphetamines** (also called speed, crystal, crank, or ice)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
51. During your life, how many times have you used **ecstasy** (also called Molly or MDMA)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
52. During your life, how many times have you used **hallucinogenic drugs**, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
53. During your life, how many times have you used **synthetic marijuana** (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times

- E. 20 to 39 times
 - F. 40 or more times
54. During your life, how many times have you taken **steroid pills or shots** without a doctor's prescription?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
55. Have you ever taken a **prescription drug** (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) that was **prescribed by a doctor for you but not for the reason** it was intended?
- A. Yes
 - B. No
56. Have you ever taken a **prescription drug** (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) that was **prescribed by a doctor for someone else**?
- A. Yes
 - B. No
57. During your life, how many times have you taken a **prescription drug** (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) **without a doctor's prescription**?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
58. During your life, how many times have you used a **needle to inject** any illegal drug into your body?
- A. 0 times
 - B. 1 time
 - C. 2 or more times
59. During the past 12 months, has anyone offered, sold, or given you an illegal drug **on school property**?
- A. Yes
 - B. No

The next 7 questions ask about sexual behavior.

60. Have you ever had sexual intercourse (oral, anal, vaginal)?
- A. Yes
 - B. No
61. How old were you when you had sexual intercourse (oral, anal, vaginal) for the first time?
- A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old

- E. 14 years old
 - F. 15 years old
 - G. 16 years old
 - H. 17 years old or older
62. During your life, with how many people have you had sexual intercourse (oral, anal, vaginal)?
- A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
63. During the past 3 months, with how many people did you have sexual intercourse (oral, anal, vaginal)?
- A. I have never had sexual intercourse
 - B. I have had sexual intercourse, but not during the past 3 months
 - C. 1 person
 - D. 2 people
 - E. 3 people
 - F. 4 people
 - G. 5 people
 - H. 6 or more people
64. Did you drink alcohol or use drugs before you had sexual intercourse (oral, anal, vaginal) the **last time**?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No
65. The **last time** you had sexual intercourse (oral, anal, vaginal), did you or your partner use a condom?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No
66. The **last time** you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)
- A. I have never had sexual intercourse
 - B. No method was used to prevent pregnancy
 - C. Plan B
 - D. Birth control pills
 - E. Condoms
 - F. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)
 - G. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)
 - H. Withdrawal or some other method
 - I. Not sure

The last 18 questions ask about health related topics and recreational activities.

67. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do **not** count diet soda or diet pop.)
- A. I did not drink soda or pop during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
68. During the past 7 days, how many times did you drink a caffeinated beverage, such as soda (Coke, Pepsi, Mountain Dew), coffee drinks, Red Bull or other energy drinks?
- A. I did not caffeinated drinks during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
69. During the past 7 days, on how many days did you eat breakfast?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
70. During the past 12 months, on how many school sports teams did you play on?
- A. 0 teams
 - B. 1 team
 - C. 2 teams
 - D. 3 or more teams
71. During the past 12 months, on how many non-school sports teams (AAU, Club, Legion etc.) did you play on?
- A. 0 teams
 - B. 1 team
 - C. 2 teams
 - D. 3 or more teams
72. During the past 12 months, on how many student clubs and organizations (student government, drama) were you actively involved in?
- A. 0
 - B. 1
 - C. 2
 - D. 3 or more

73. During the past 12 months, how many Canton Parks and Recreation programs were you involved in (as a participant, volunteer, or employee)?
- A. 0
 - B. 1
 - C. 2
 - D. 3 or more
74. Approximately how many hours per week (above and beyond the CHS requirement) do you spend engaged in community service activities?
- A. 0
 - B. 1-2
 - C. 3-5
 - D. 6 or more
75. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
76. On an average school day, how many hours do you watch TV?
- A. I do not watch TV on an average school day
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
77. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)
- A. I do not play video or computer games or use a computer for something that is not school work
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
78. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)
- A. 0 times

- B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
79. On an average school night, how many hours of sleep do you get?
- A. 4 or less hours
 - B. 5 hours
 - C. 6 hours
 - D. 7 hours
 - E. 8 hours
 - F. 9 hours
 - G. 10 or more hours
80. During the past 12 months, how would you describe your grades in school?
- A. Mostly A's
 - B. Mostly B's
 - C. Mostly C's
 - D. Mostly D's
 - E. Mostly F's
 - F. None of these grades
 - G. Not sure
81. Is there at least one **teacher or other adult** in this school that you can talk to if you have a problem?
- A. Yes
 - B. No
82. Can you talk with at least **one of your parents or other adult** family members about things that are important to you?
- A. Yes
 - B. No
83. My family has **clear rules** about alcohol and drug use?
- A. Yes
 - B. No
84. My parent/guardian(s) talk to me about the **dangers** of alcohol and drugs?
- A. Yes
 - B. No
85. During the past 30 days, how many days **do you believe the average student** at your school smoked a whole cigarette, or other tobacco/nicotine product, including chewing tobacco, snuff, or dip (such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen); or cigars, cigarillos, or little cigars?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 – 9 days
 - E. 10 – 19 days

- F. 20 – 29 days
- G. All 30 days

86. During the past 30 days, how many days **do you believe the average student** at your school had one or more drinks of an alcoholic beverage?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 – 9 days
 - E. 10 – 19 days
 - F. 20 – 29 days
 - G. All 30 days
87. During the past 30 days, how many days **do you believe the average student** at your school used marijuana?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 – 9 days
 - E. 10 – 19 days
 - F. 20 – 29 days
 - G. All 30 days
88. During the past 30 days, how many days **do you believe the average student** at your school used a prescription drug(s) that were not prescribed to them?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 – 9 days
 - E. 10 – 19 days
 - F. 20 – 29 days
 - G. All 30 days

**This is the end of the survey.
Thank you very much for your help.**